



# Trekking to the black lakes

*6 days of trekking tour*

*Highlights: Mountains, lakes, red canyon of Kizil Unkur and walnut forest*

Map



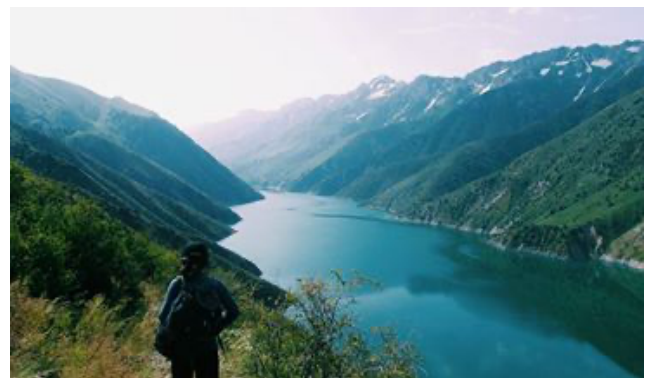
## Program >

**D1 / Arrival in Toktogul:** 2h walking from the homestay to the lake side. Possibility to swim. Overnight and dinner in the homestay.

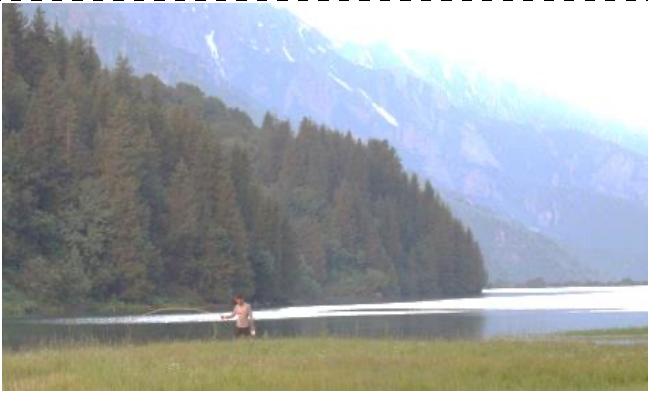


**D2 / Trekking to Karasu lake:** In the morning, we drive to Taktalik village. Start of trekking. Picnic on the top of

Taktalik range. Down to Karasu lake. Overnight and dinner in the tent. 5/6h.



**D3 / Trekking to Kapka lake:** Along the Karasu lake, we hike to the 2nd lake of the valley. Picnic on the way. The forest landscape during the day. Overnight and dinner in the tent. 6/7h.



**D4 / Trekking to Otuz Art valley:** Early morning, we start our hiking through the Bel-Monchok pass at 3400m. Down to Otuz Art valley. Overnight and dinner in the tent camp. 7/8h.



**D5 / Trekking to Kizil-Unkur valley:** Early morning, during this hiking day, we have a lot of small mounts and meeting with local apiculture. Picnic on the way. In the late afternoon, we reach the forest of Kizil Unkur valley. Overnight and dinner in the tent around 2000m. 6 or 7h of hiking.



**D6 / Transfer to Arslanbob village:** In the morning, we have short trekking to

reach the village of Kizil Unkur. Trekking in walnut forest is nice. Meeting with a driver. Lunch over there. Transfer to Arslanbob. 1h of driving. Accommodation in the local family house for the dinner and overnight. End of services.



#### Price per person :

2 pax	880€/per
3 pax	650€/per
4 pax	600€/per
5 pax	540€/per
6 pax	500€/per

#### Price includes:

- ✓ 1<sup>st</sup> day transfer and last day transfer,
- ✓ English speaking guide translator, cook and equestrian guide,
- ✓ Meals,
- ✓ Rent of camping equipment family house and tent camping,
- ✓ Rental horses for the luggage.

#### Price excludes:

- ✗ Travel insurance.
- ✗ Alcohol and mineral waters
- ✗ Taxes of bank,

#### Notes:

- **Visa-Free Entry:** citizens of the EU, Canada, Japan, Singapore, and some other countries can enter without a visa (up to 60 days).

**Passport Validity:** Your passport must be valid for at least 6 months from your entry date.

**Other Nationalities:** Please check <https://evisa.e-gov.kg> for your country.

### ➤ **Tour Difficulty and Requirements**

**Level:** There will be steep climbs and long walking days. Each day you will walk 5–7 hours. You should be in good physical shape.

**Altitude:** The tour goes through high mountain areas, up to 3400m.

**Age Limit:** 18 to 70 years old.

### ➤ **Safety**

During the trek, there will be local people around who can help evacuate if someone gets seriously hurt.

The guide will have a satellite phone with them during the trek.

Our guides carry a simple first-aid kit.

### ➤ **Medical Information**

**High Altitude:** If you're sensitive to altitude, please talk to your doctor before the trek.

**Medication:** Bring any personal medicine you need.

### **Accommodation**

**Where You'll Stay:** Guesthouses, tents with shared bathrooms. In remote areas, conditions are simple.

### ➤ **Meals and Diets**

**Food:** We serve traditional Kyrgyz meals — meat, rice, noodles, and vegetables.

All meals are Halal.

**Breakfast:** Tea or coffee, jam, bread, butter, eggs (fried or boiled), vegetables, and fruits.

**Lunch:** Salad, sandwich, bread, dried fruits, and vegetables.

**Dinner:** Hot meal, dried fruits, jam, butter, bread, and tea.

**Diet Options:** Vegetarian meals are available, but in the mountains it's better to bring your own special food if you have strict dietary needs. Gluten-free food is available in big cities. Water is not included.

### ➤ **Weather and Packing Tips**

**Weather:** Temperatures change depending on location and altitude. Check the route weather using Google Weather before your trip.

### **Clothing:**

- wear layers: base layer, warm layer, waterproof jacket.
- bring gloves and a warm hat.
- extra socks and underwear.

**Shoes:** Trekking boots with ankle support and something to wear at the campsite (slippers — we highly recommend Crocs).

**Also bring:** Headlamp, sunscreen, sunglasses.

### ➤ **Gear**

**KAGAN Provides:** Tent, kitchen staff

**You Should Bring:** Sleeping bag, filter bottle, and mattress

A small backpack (40–50 liters) for your personal items.

Trekking stick (optional).

You will carry your own backpack during the trek. There will be porter horses for luggage.

### ➤ **Booking and Payment**

**Deposit:** A €300 deposit is needed to confirm your booking.

**Final Payment:** Pay the rest in cash when you arrive in Bishkek. Bank transfer is also possible (bank fees not included). You can pay by credit card.

**Cancellation:** The deposit is non-refundable but can be used for a future trip,

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