



Alpine Ascent

15 days trip / 9 of the trekking & 2 days horseback riding

Highlights: South Issyk Kul lake, Tien Shan mountains and lakes, Son Kul lake.

Map



Program >

D1 / Arrival in Bishkek: Welcome at Manas Airport. Transfer to the center of the Kyrgyz capital. Breakfast and currency exchange office. Continue to the village of Chon Kemin, in the national park. Arrival and check-in at a guesthouse. Free time for a walk before dinner. Overnight and dinner at a guesthouse. 150km drive.



D2 / Transfer to Bokonbaeva: Transfer to the south of Lake Issyk Kul. Walk in the Konorchek Canyon and back. Lunch at the yurt maker's. In the mid-afternoon, we walk to the Ak Say Canyon and enjoy its beach. At the end of the day, we arrive at

the yurt camp on the beach. Installation for 2 nights. Night and dinner at the yurt camp. 180km. 3 hours drive.



D3 / Trekking to the Panorama: in the morning, we have short transfer. Meeting with traditional hunter with golden eagle. Then, we start to hike to the panorama. Beautiful and dry landscape. Picnic on the beach. In the end of the afternoon, we reach our yurt camp. Overnight and dinner in the same yurt camp. 5h of hiking.



D4 / Trekking to Boz Salkyn valley: In the morning, we have short transfer to start point. Hiking up to the pass at 2466m. Very desert area. Picnic before the pass with beautiful panoramic view of the lake. Following of the day. Crossing the pass. In the mid afternoon, we reach our camping. Overnight and dinner in the tent camping. 6h of hiking.



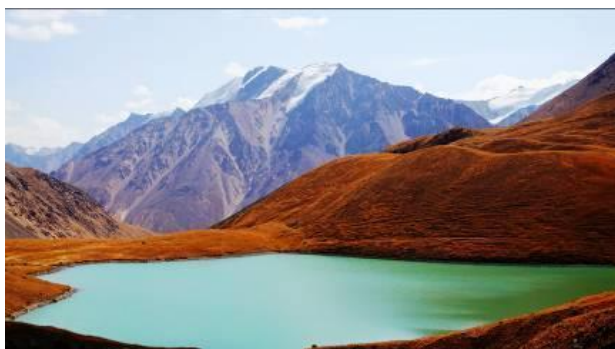
D5 / Trekking to the foot of the Tong pass: Early morning, we start to hike through the pass at 3300. Picnic after the pass. Beautiful panoramic view of the villages, lake and snow peaks. Following of the hiking day. We reach Tong valley and camping also. Overnight and dinner in the camping at 3100m.



D6 / Trekking to Jiluu Suu valley: We hike up to the Tong pass at 4000m. Beautiful view from the rocky pass. Picnic after the pass. In the afternoon, we reach our camping by the riverside. Overnight and dinner in the camping at 3000m.. After dinner, we can enjoy natural hot spring water. 5h of hiking.



D7 / Trekking to Teshik Kul lake: In the morning, we hike up to the lake Teshik Kul. There are 2 beautiful lakes which situated at 3500m. Picnic near the lake. Then, we follow north side of the lake. We set up our camp by the lake. Free time at the camping. Overnight and dinner in the tent camping at 3560m. 5h of hiking.



D8 / Trekking to Kara Kaman valley: Early morning, our caravan start his road. We hike up to the pass at 3800. Then, down to Karakaman valley. Picnic on the way. In the afternoon, we meet a lot of nomads, herd of yaks and flock of sheep. We reach our camp by road Bolgart. Overnight and dinner in the tent camp at 2800m. 7h or 8h of hiking.



D9 / Transfer to Kizart village: In the morning, we drive to Kizart village. We cross the pass Jalpak bel at 3300m. On the way, we stop at Kochkor village for lunch and visit the hand craft felt center. Following the road to Kizart village. Accommodation in the local family house. Overnight and dinner in the guest house 220km.



D10 / Horseback riding at Son Kul lake: Early morning, we start on horseback to reach the northern shore of the Son Kul lake. Picnic in the valley of Kilemche. Attack of the Tuz Ashu pass at 3200m. Arrival on the northern shore. Overnight and dinner in the yurt camp. 4h or 5h on horseback.



D11 / Horseback riding to the south of Son Kul lake: Along the jewel of Nomads, Son Kul lake, we ride on horseback to the southern shore of the lake. We explore the unique culture of the nomads, flora and fauna of Tien Shan mountains. Picnic on the way. Arrival in the yurt camp on the south Son Kul lake. Overnight and dinner in the yurt camp. 5h or 6h on horseback.



D12 / Transfer to Kizil Oy: Drive to Kizil Oy village, lost in the middle of the mountains via Kara Keche pass at 3325m. Picnic on the way. In the afternoon, we reach Kizil Oy village, charming, red, authentic and lost village in the heart of Tien Shan mountains. (150km / 5 or 6h transfer by car)



D13 / Trekking in the Kichi Aramza Valley: After a good night's sleep and a shower, we head back west. We start with a short transfer to the starting point. We meet up with the horses to load our luggage. We start our 2000m trek. We walk through alfalfa and corn fields. After the unnamed pass at 3300, we descend in search of nomadic neighbors. We spend the night and have dinner in a tent. A 6 or 7-hour trek.



D14 / Trekking to Aramza Pass: Continuation of trekking through the summer pastures. Hard and long day. We have a lot of uphill and downhill. You must wear pants, since there are many bushes. At the end of the day, we reach our camp at 2900m. Night and dinner in a tent next to nomads' tents. 7 or 8 hours of trekking.



D15 / Kichi Suusamyр Valley: Early morning departure to the Aramza Pass. Descent to the Kichi Suusamyр Valley. There are many nomads who spend their summer season. The path runs along the river on the right. Picnic in the middle of the road. Picnic at the pass or after the pass. Descent to the Chon Suusamyр Valley. At the end of the day we meet our driver and our belongings. Night and dinner in a tent. 7 hours of trekking.



D16 / / Transfer to Bishkek: In the morning, drive to Bishkek. 140km., will take us 3 hours of driving. Lunch in Bishkek in a restaurant. Installation in a guesthouse. Free time for the walk in Bishkek and Osh Bazar. Dinner in the restaurant. Night in a guesthouse. End of the service.

Price per person in €:

2 pax	2880€/per
3 pax	2220€/per
4 pax	1870€/per
5 pax	1680€/per
6 pax	1540€/per

Price includes:

- ✓ Transport, pick up and drop off at the airport Manas.
- ✓ English speaking guide translator,
- ✓ Meals
- ✓ Accommodation in the local family house and tent camping,
- ✓ Rental horses for the luggage.

Price excludes:

- ❑ Travel insurance.
- ❑ International air tickets.
- ❑ Horseback riding at Son Kul lake.
- ❑ Alcohol and mineral water.
- ❑ Last dinner, disco, bar, karaoke or SPA.
- ❑ Others services none mentioned in the program.

Notes:

- ❑ **Visa-Free Entry:** citizens of the EU, Canada, Japan, Singapore, and some other countries can enter without a visa (up to 60 days).

Passport Validity: Your passport must be valid for at least 6 months from your entry date.

Other Nationalities: Please check <https://evisa.e-gov.kg> for your country or contact us.

❑ **Tour Difficulty and Requirements**

Level: There will be steep climbs and long walking days. Each day you will walk 5–7 hours. You should be in good physical shape.

Altitude: The tour goes through high mountain areas, up to 4300m.

Age Limit: 18 to 70 years old.

📌 Safety

During the trek, there will be local people around who can help evacuate if someone gets seriously hurt.

The guide will have a satellite phone with them during the trek.

Our guides carry a simple first-aid kit.

📌 Medical Information

High Altitude: If you're sensitive to altitude, please talk to your doctor before the trek.

Medication: Bring any personal medicine you need.

Accommodation

Where You'll Stay: Guesthouses, tents, or yurts with shared bathrooms. In remote areas, conditions are simple. Accommodation depends on the route.

📌 Meals and Diets

Food: We serve traditional Kyrgyz meals — meat, rice, noodles, and vegetables.

All meals are Halal.

Breakfast: Tea or coffee, jam, bread, butter, eggs (fried or boiled), vegetables, and fruits.

Lunch: Salad, sandwich, bread, dried fruits, and vegetables.

Dinner: Hot meal, dried fruits, jam, butter, bread, and tea.

Diet Options: Vegetarian meals are available, but in the mountains it's better to bring your own special food if you have strict dietary needs. Gluten-free food is available in big cities. Water is not included.

📌 Weather and Packing Tips

Weather: Temperatures change depending on location and altitude. Check the route weather using Google Weather before your trip.

Clothing:

- wear layers: base layer, warm layer, waterproof jacket.
- bring gloves and a warm hat.
- extra socks and underwear.

Shoes: Trekking boots with ankle support and something to wear at the campsite (slippers we highly recommend Crocs).

Also bring: Headlamp, sunscreen, sunglasses.

📌 Gear

KAGAN Provides: Tent, kitchen staff

You Should Bring: Sleeping bag, filter bottle, and mattress

A small backpack (40–50 liters) for your personal items.

Trekking stick (optional).

You will carry your own backpack during the trek. There will be porter horses for luggage.

📌 Booking and Payment

Deposit: A €300 deposit is needed to confirm your booking.

Final Payment: Pay the rest in cash when you arrive in Bishkek. Bank transfer is also possible (bank fees not included).

You can pay by credit card — there is a commission of 8% on the total amount, which is not included in the cost.

Cancellation: The deposit is non-refundable but can be used for a future trip.

Explore Kyrgyzstan with KAGAN!