



## Discover Kyrgyzstan

14-day family trip / Activities: 4x4 tour, walking, cultural visits

Highlights: Bishkek – Issyk Kul Lake – Kel Suu – Son Kul – meeting local people

### Map



### Program >

**D1/ Arrival in Bishkek:** You will be welcomed at the airport by your guide and transferred to the city center. Short rest at a guesthouse. Then we depart for Chon Kemin National Park. On the way, we stop at the 11th-century Burana Tower. Lunch at a restaurant in Tokmok. Continue the drive to Chon Kemin. Arrival and check-in at a local guesthouse. Afternoon walk to explore the village of Karool Dobo. Dinner and overnight stay at the guesthouse. 185 km.



**D2/ Transfer to Karakol:** After breakfast, we leave the guesthouse. We take a walk in the Kokmoynok Canyon, enjoying the red ochre landscape. Lunch at a restaurant in Cholpon Ata or on the way. Then we continue to Karakol, a town located at the eastern end of Lake Issyk Kul. Arrival in Karakol. Short walk and city exploration. Overnight stay and

dinner at a guesthouse. 330 km.



**D3/ Jeti Oguz Valley:** In the morning, we head to the famous Jeti Oguz Valley with its red rock formations. "Jeti Oguz" means "Seven Bulls." We drive to the end of the valley and leave the car at the junction with the Telety Valley. Out-and-back walk to see the peak rising to 5200 m. Then descend to the Kok Jayik Valley. Overnight stay at a yurt camp by the river. About 4 hours of walking



**D4/ Transfer to the south shore of Issyk-Kul Lake:** Early in the morning, we take our vehicle to reach the village of Bokonbaevo. On the way, we explore the Skazka Canyons. Continue the drive to Bokonbaeva village. Free time on the beach by Issyk-Kul Lake. Arrival and check-in at the yurt camp. About 2 hours of walking. 135 km.



**D5/ Exploring the region:** In the morning, we meet a traditional hunter with his eagle. He shares the secrets of hunting and explains the importance of a bird of prey in nomad life. Then we drive to the Ak Say Canyons. Picnic by the beach. Transfer to Kyzyl Tuu village. Demonstration of yurt-making. At the end of the day, we return to the same camp as the previous night. About 2 hours of walking (+200 m / -200 m), 60 km of driving.



**D6/ Transfer to Naryn :** A full day in a 4x4 along mountain roads. We cross the Tossor Pass at 3800 m. Picnic on the way. By the end of the day, we arrive in Naryn, the main town of the Naryn region. Dinner at a restaurant. Overnight at the Khan Tengri Hotel. 250 km of driving,

approximately 7 hours on the road. 250 km



**D7/ Transfer to Kel Suu Valley :** In the morning, we head to Kel Suu, a mountain lake in the Naryn region near the Chinese border. Border formalities apply. Picnic along the way. Stop for a walk in the Kok Kyia Canyons, with a chance to see yak herds. Arrival at the yurt camp in the late afternoon. Dinner and overnight in yurts. 150 km of driving.



**D8/ Day at Kel Suu :** Morning hike to Kel Suu Lake at 3500 m. Beautiful views along the way. Picnic by the lake. Optional boat ride. Return to the same yurt camp as the previous night. 16 km, 4-5 hours of trekking (+500 m / -500 m).



**D9/ Transfer to Son Kul Lake:** Early departure to Son Kul Lake, a true nomad paradise with vast pastures for livestock. During summer, Kyrgyz herders bring their flocks here. Drive via Naryn and Moldo Ashu Pass to reach Son Kul at 3016 m. Overnight at the yurt camp. Optional walk along the way. 270 km of driving.



**D10/ Free day at Son Kul:** A day to explore nomad life. Walk aimlessly from yurt to yurt, searching for petroglyphs. Picnic in the mountains. Option to rent horses for a ride. Return to the yurt camp. Demonstration of equestrian games. 3-4 hours of walking (+300 m / -300 m).



**D11/ Transfer to Kizil Oy :** Early departure via Kara-Keche Pass at 3325 m, with panoramic views of a coal mine. Descend through Kara-Keche Canyon to Jungal Valley. Buy picnic supplies at Chaek village market. Continue to Ak Kol Lake, picnic by the lake. Leave the car and do an out-and-back walk. Resume the vehicle to reach the welcoming village of Kizil Oy. Check-in with local hosts. 190 km of driving.



**D12/ Day in Kizil Oy Village :** Morning walk on the village heights. Summer is warm in this area. Lunch at the guesthouse. Afternoon by the Kokomeren River. Return to the guesthouse for dinner and overnight. 2-3 hours of

trekking in a loop (+200 m / -200 m).



**D12/ Transfer to Bishkek:** Return to Bishkek (4 hours). Lunch at a restaurant. Check-in at a guesthouse. Free time for shopping or preparing for departure. Dinner at a restaurant. Overnight in guesthouse. 200 km of driving.



**D13/ Flight back home :** Transfer to the international airport.

**Price per person :**

2 pax	2530€/per
3 pax	2935€/per
4 pax	1635€/per
5 pax	1460€/per
6 pax	1340€/per

**Price iclude:**

- ✓ Transfer to/from Manas Airport
- ✓ English-speaking guide
- ✓ Meals
- ✓ Accommodation according to the program
- ✓ Museum entrance fees
- ✓ Border zone permit
- ✓ Hot spring access
- ✓ Horse rental

### Price excludes:

- ✗ Travel insurance
- ✗ Single room
- ✗ International flight ticket
- ✗ Mineral water and alcohol
- ✗ Last dinner, nightclub, bar, karaoke, or spa
- ✗ Services not mentioned in the program

### Notes:

➤ **Visa-Free Entry:** Citizens of the EU, Canada, Japan, Singapore, and some other countries can enter without a visa (up to 60 days). **Passport Validity:** Your passport must be valid for at least 6 months from your entry date. **Other Nationalities:** Please check <https://evisa.e-gov.kg> for your country.

### ➤ Tour Difficulty and Requirements

Tour Type: Road trip through mountain roads and remote regions of Kyrgyzstan. Driving hours: Usually 4–6 hours per day, sometimes longer depending on the route.

### ➤ Medical Information

**High Altitude:** If you're sensitive to altitude, please talk to your doctor before the tour.

**Medication:** Bring any personal medicine you need. Our guides carry a basic first-aid kit.

### Accommodation

**Where You'll Stay:** Guesthouses and yurts with shared facilities.

**Hotels** in larger cities.

Accommodation conditions vary depending on the region.

### ➤ Meals and Diets

**Food:** We serve traditional Kyrgyz meals — meat, rice, noodles, and vegetables. All meals are Halal.

Breakfast: Full breakfast in guest houses or yurt camps.

Lunch: In a café, or sometimes a picnic (Salad, sandwich, bread, dried fruits, and vegetables)

Dinner: In a café, guesthouse, or yurt camp. Diet Options: Vegetarian meals are available, but in the mountains it's better to bring your own special food if you have strict dietary needs. Gluten-free food is available in big cities.

Water is not included.

### ➤ Weather and Packing Tips

**Weather:** Temperatures change depending on location and altitude. Check the route weather using Google Weather before your trip.

### ➤ Clothing:

- Dress in layers: base layer, warm layer
- A warm hat is recommended in some areas.
- Extra socks and underwear.
- Comfortable sneakers or trekking shoes.
- Also bring: a headlamp, sunglasses, and sunscreen.

### ➤ Gear

**KAGAN Provides:** Picnic dishes and kitchen equipment.

**You should bring:** A filter bottle *or* buy water in shops — there will be shops almost every day for water and snacks.

### ➤ Luggage

A small backpack (20–30 liters) for personal items you may need during the day.

Avoid heavy and bulky items.

### ➤ Booking and Payment

**Deposit:** A €300 deposit is needed to confirm your booking.

**Final Payment:** Pay the rest in cash when you arrive in Bishkek. Bank transfer is also possible (bank fees not included). You can pay by credit card.

**Cancellation:** The deposit is non-refundable but can be used for a future trip.

**Explore Kyrgyzstan with the KAGAN!**